

## Maine AgrAbility: Supporting Our Rural Economy

Maine has a strong agricultural heritage that is part of our quality of place. Agricultural goods and services contribute millions of dollars each year to the local economy. Maine agriculture takes many forms including:

- Farming the land
- Fishing the water
- Working the forest

To support employment in agriculture, Maine AgrAbility addresses health, safety and the prevention of injuries in the forest, on the farm and on the water.



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Maine joins over 20 other state AgrAbility projects and works in coordination with the National AgrAbility Project. Funded by the USDA, Maine AgrAbility is a collaborative partnership between **University of Maine Cooperative Extension** and **Alpha One**.

Maine AgrAbility  
[extension.umaine.edu/agrability](https://extension.umaine.edu/agrability)

National AgrAbility Project  
[agrability.org](https://agrability.org)



***Maine AgrAbility supports farmers, and farm workers who experience barriers to employment such as aging, injury, or chronic illness.***



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## What Is Maine AgrAbility?

Maine AgrAbility's mission is to work with farmers, and farm workers whose productivity has been impacted by chronic illness or injury. We offer resources and information to help them remain successfully employed.

## How Can AgrAbility Help?

We offer practical solutions to help farmers and farm workers work safely and productively. Consultation services include:

- On-site assessment
- Education and training
- Support advocacy
- Community connections
- Safety planning
- Equipment modification ideas
- Connection to business planning

We network with agricultural professionals, employment specialists, and health care providers to connect forest workers and their families with available resources.

***Services are available at no charge.***

## Who Can Use AgrAbility?



We work with owners, operators, managers, employees and family members of **farm, fishing or forestry businesses** who experience barriers of aging, injury and chronic illness such as, but not limited to:

- Arthritis
- Back pain and injury
- Hearing and vision related issues
- Spinal cord injury
- Heart conditions and stroke
- Limb loss
- Head injury
- PTSD
- Mental health issues

## For More Information:

### Maine AgrAbility Project

207.944.1533

1.800.287.1471 (in state only)

email: [maine.agrability@maine.edu](mailto:maine.agrability@maine.edu)  
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