**Self-Direction Pilot Program for the Section 17 Waiver:**

**Allowable and Non-Allowable Purchases**

You and your support broker must complete the Self-Direction Purchase Plan form for each item you want to buy. The item cannot be covered by another funding source. For example, you cannot use your self-direction budget to pay for a ride to your doctor’s office because transportation to a medical appointment is covered by MaineCare. However, you can use your self-direction budget to pay for transportation to a yoga class as long as it relates to a goal in your person-centered plan.

Below is a list of items you can purchase and items you cannot purchase with your self-direction budget. There is also information on spending limits.

# Items You Can Buy

* Dentistry work
* Household items
* Wi-Fi
* Fitness center membership
* Educational classes
* Cell phone services for one (1) line
* Adaptive equipment
* Professional clothing for job interviews
* Technology devices
  + Note: No more than one of each type of electronics, including laptops, tablets, printers, or other similar electronic equipment, may be purchased at one time, and consumer electronics may not be replaced more frequently than once every three years
* Conferences and class fees for you or your unpaid caregiver
  + Note: Costs associated with the conference or classes (including airfare, lodging, or meals) are not covered
* Upkeep and maintenance of modifications to a home for accessibility accommodations
  + Note: Regularly scheduled upkeep, maintenance, and repairs of a home are not covered
* Transportation
* Nutritional supplements
* Special dietary food items as prescribed by a licensed healthcare provider
* Traditional behavioral health services that MaineCare does not cover

# Items You Cannot Buy

* Anything that violates Federal or State statutes, regulations, or guidance
* Items that are only for recreational purposes and will not benefit your wellness goals
* Experimental or investigational services, procedures, or items
* Homeschooling materials and/or related supplemental materials and activities
* Gas cards
* Gift cards
* Insurance, such as car, health, life, burial, renters, home-owners, service warranties, cell phone, or other such policies
* Vehicle or long-term lease or rental of a vehicle
* Car repairs and maintenance
* Recreational vehicles, such as motorcycles, campers, boats, or other similar items
* Firearms, ammunition, or other weapons
* Gambling, games of chance (such as bingo or lottery), alcohol, tobacco, or similar items
* Vacation expenses, including airline tickets, cruise ship or other means of transport, meals, hotel, lodging, or similar recreational expenses
* Costs associated with the conference or classes (including airfare, lodging, or meals)
* Cash payments, gifts, or loans for self-directed workers, family, or friends
* Regularly scheduled upkeep, maintenance, and repairs of a home
* Room and board expenses, including rent, house payment, and emergency housing payment
* Groceries

# Spending Limits on Items

* Annual limit of $500 for air conditioners, heaters, fans, and similar items
* Annual limit of $500 for clothing, shoes, or other apparel if on the person-centered plan and outlined goals around employment or health and wellness, including but not limited to fitness
* Annual limit of $200 for medications, vitamins/herbal supplements, and other holistic medications not already covered by MaineCare
* Annual limit of $400 for household cleaning-related services and supplies
* Monthly limit of $100 for cell phone service, including data